



# personal excellence

## Maximum Achievement

This personal mastery workshop series is a complete and holistic approach to the development of your associates. It combines a thorough understanding of human potential with action plans that enable the associate to achieve personal growth and the organization to achieve its strategic objectives.

In order for employees to perform at their very best, they must be excited and energized to do great work. This foundational training focuses on the individual--on helping them to perform at their very best for themselves, for your customers and for your organization.

The goal of this training is to develop a corporate culture that is people-centered while fostering a high state of mutual accountability and responsibility. The company of the 21st century can no longer have employees that expect the organization to parent them. Today's employees need to take complete responsibility for the success of the organization, but they first need to take complete responsibility for their own individual success.

The excitement of managing today's employee is that they want to take more responsibility for the company's success and also want to know that the company supports them in their personal growth. This training provides employees with the skills sets and attitudes to achieve more and grow into complete successes in their lives.

The training process begins with the question, "Why is it that some people are more successful than others?" The process explains the seven key ingredients of success: peace of mind, health and energy, good relationships, meaningful work, financial independence, self-actualization, and being able to live your life in your own way. The program provides a complete system of achieving success in each of these seven areas.

### Workshop Agenda

- Seven Mental Principles
- Taking Complete Responsibility
- Managing Your Emotions
- The Master Skill of Success
- Focus and Concentration
- Managing Your Career
- Eliminating Stress and Tension
- Unlocking Your Creativity
- The Integrating Principle
- Peak Performance
- Releasing Your Brakes
- Managing Your Mind
- Seven Steps to Goal Achievement
- The Challenges of Change
- High Performance Team Work
- Maximizing Your Intelligence
- Appreciating Differences in People
- Achieving Balance in Life

### For more information:

Contact Lewis Associates, Inc.  
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